

The 30th Annual Tioga Pass Run

In memory of Ferdinand Castillo

The Tioga Pass Run is dedicated to the memory of Ferdinand Castillo. He cheered on the Tioga Pass Run finishers for the first 13 years of the Run, and is with us in our memories, reminding us to tread carefully on the delicate alpine environment of Tioga Pass.

Join the camaraderie of the Tioga Pass Run: 3200 feet of elevation gain over a 12.4 mile course along the shoulder of one of the most scenic highways in the country! The Run starts in downtown Lee Vining and finishes at the Tioga Pass entrance station to Yosemite. Car shuttles will be available to transport gear bags to the finish line during the Run and to provide participants with transportation back to Lee Vining after the Run. There will be aid stations at approx. miles 3, 6, 9, and the finish.

Raffle prizes, refreshments and the celebration of this very special event will again be at Tioga Toomey's Whoa Nellie Deli in the Mobil Gas Mart after all runners have completed the Run. This isn't your average gas mart deli, the food is delicious. Proceeds from the Run will go to the Mono Lake Committee: www.monolake.org.

SUNDAY, September 12, 2010
8:00 AM START (7am walkers)

The Tioga Pass Run starts in Lee Vining on Main Street (Hwy 395) in front of the Mono Lake Committee Information Center & Bookstore

Registration includes: T-Shirt, aid-stations at approximately 3 miles, 6 miles, 9 miles and the finish line, plus refreshments provided by the Whoa Nellie Deli.

Pre- Registration: \$35.00 (if received by Aug. 23rd)

Late Registration: \$40.00 (if received on Aug. 24th until 30 minutes before start)

Mail Registration to:

Ken Corathers
PO Box 577
June Lake, CA 93529

For more information contact:

Ken Corathers (760) 648-7288
or visit: www.tiogapassrun.com

About the Run

Located on the eastern side of the Sierra Nevada mountain range, Tioga Pass is the eastern gateway to Yosemite National Park. The start line is in the town of Lee Vining at an elevation of 6,781 feet and the finish line is at the top of Tioga Pass at 9,945 feet. **Be prepared for any weather** from warm late summer temperatures to early winter snow flurries. Weather conditions can vary greatly from the start to finish line, which is why we will provide transportation for gear bags from start to finish. This run allows you to truly enjoy the beauty of Tioga Pass.

-----**2010 TIOGA PASS RUN ENTRY FORM**-----

Pre- Registration - \$35.00 (if received by August 23rd) \$ _____

Late Registration - \$40.00 \$ _____

Please make check payable to: Mono Lake Committee and put Tioga Pass Run on the memo line.

Name _____ E-Mail Address _____

City _____ State _____ Zip _____ Phone _____

Age on Run Day _____ Gender _____ T-Shirt Size: S M L XL

Release of Liability and Assumption of Risk

I, _____ hereby acknowledge that I am voluntarily participating in the Tioga Pass Run, which is organized by the Mono Lake Committee, and its agents, affiliates and associates, and am aware that certain risks and dangers may arise due to vigorous physical activity in a mountain environment. These dangers include, but are not limited to: extreme weather conditions, such as lightning, high winds, snowfall, ice, extreme heat and/or cold, and the hazards of traveling in remote areas. Additional hazards may be presented by this course, which has elevations up to 10,000 feet, including, but not limited to, motor vehicle traffic, rock falls and risks created by other Run participants. I understand that the course is in a remote canyon without access to rapid evacuation and medical facilities. I am also aware and clearly understand that the Mono Lake Committee, its agents, affiliates and associates, and volunteers assisting with the Tioga Pass Run have no obligation to provide medical care, make no representations as to the adequacy of any care that may be rendered, and assume no liability for any injuries arising from the absence of available medical care or the adequacy of any care rendered.

As lawful consideration for the agreement with Mono Lake Committee to permit my participation in the Tioga Pass Run, I hereby agree I will not make any claim against the Mono Lake Committee, its agents, affiliates and associates, and volunteers assisting with the Tioga Pass Run, or file any action for bodily injury, emotional trauma, death and/or property damage, resulting from negligence or other acts, however caused, as a result of my participation in this event. I hereby agree to accept any and all risk including injury and death. I, the undersigned, for myself and my heirs, waive and release, from any and all claims, the Mono Lake Committee, and its directors, agents, affiliates, associates, employees, Tioga Pass Run volunteers, participants, sponsors, and their respective assigns for any and all injuries suffered by me in this event.

This agreement is binding on my heirs, legal representatives, and assigns. If any portion of this agreement is unenforceable, the remaining portions shall remain in full force and effect. Under no circumstances shall Mono Lake Committee, its agents, affiliates and associates, and volunteers assisting with the Tioga Pass Run be liable to any participant for any amount. All Tioga Pass Run applications are subject to acceptance by the Mono Lake Committee. Upon payment for this event, this agreement shall be deemed to have been entered into at Lee Vining, California and shall be construed according to the laws of the State of California. In the unlikely event a legal dispute should arise, I agree the dispute shall exclusively be brought before the appropriate court in Mono County, California.

I, the undersigned, have carefully read this entire Release of Liability and Assumption of Risk and fully understand its contents. I also attest that I am physically fit enough to participate in the Tioga Pass Run.

Signature of Run Participant _____ **Date** _____

Signature of Parent or Guardian _____ **Date** _____
(Parent or guardian signature needed only if Run participant is under 21 years old)