

Shady Rest Hill Climb

Distance: 7.8 mi

Elevation Gain/Loss: 725 ascent / 725 descent

Location: Mammoth Lakes

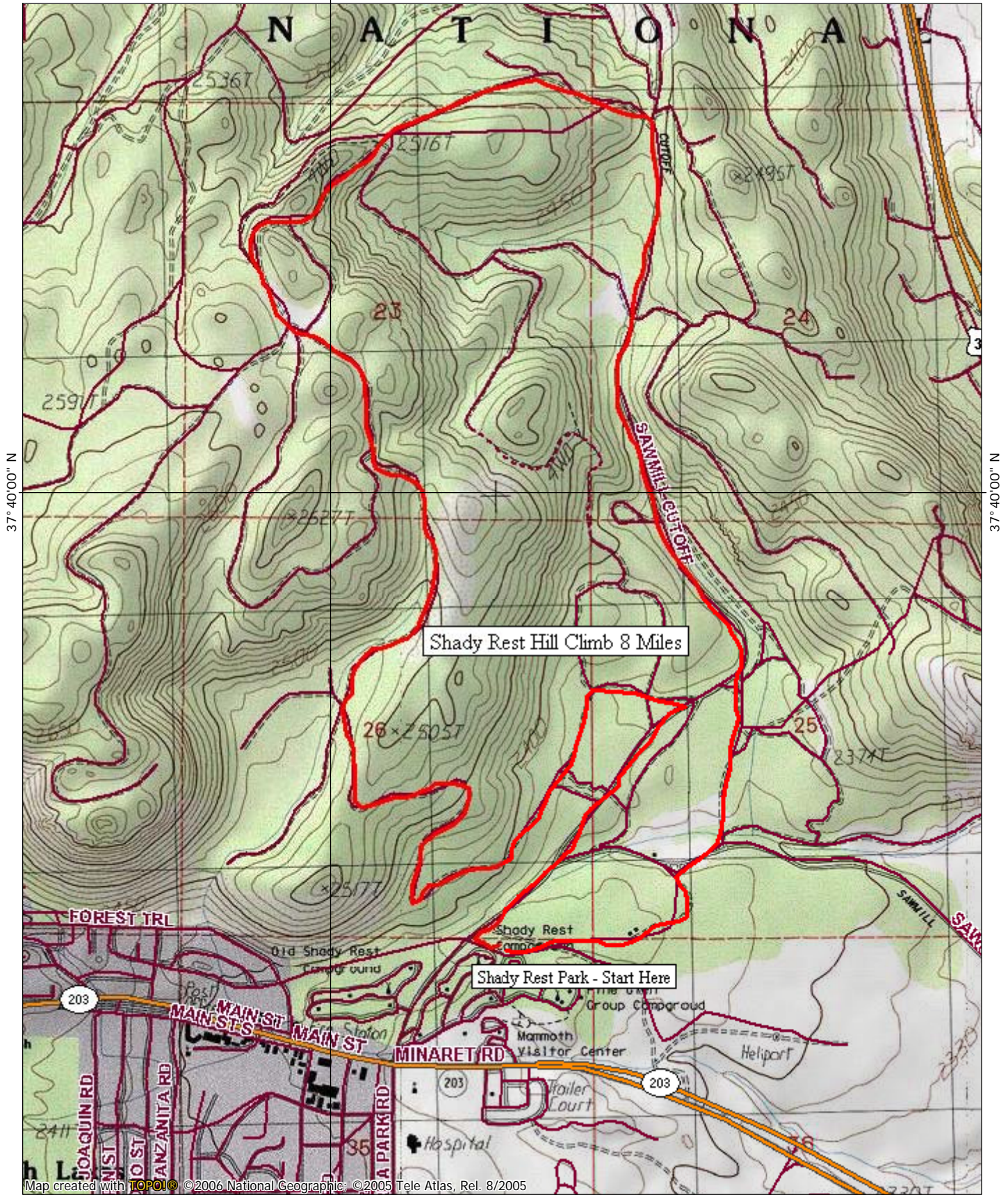
Time Of Year: April to Nov

Directions From Bishop: Take Highway 395 north about 45 miles to the Mammoth Jct and head into town. Turn right onto Sawmill Cutoff road (opposite McDonald's) proceed about a mile to Shady Rest Park.

Route Description: Start in the parking lot and run back to Sawmill Cutoff road; turn right onto the dirt; follow Sawmill Cutoff about 3/4 to 1 mile and turn left (there are 3-4 roads that take off to the left, don't worry they all lead to the same place); follow this road through the some Jeffrey pine flats; then through a Jeffrey pine/fir forest as it switchbacks up a steep hill to a lodgepole flat; stay to the right in the flat and then the road climbs radically until you hit another intersection and flat ground; turn right and climb a short easy hill and you're at the top of this run; go straight at the 4-way intersection and follow this road as it works it way back down to Sawmill cutoff. Turn right on Sawmill cutoff; after 1.5 miles, turn left off Sawmill cutoff and follow this road to the backside of Shady Rest Park and return to the parking area.

Odds & Ends:

- 1) The Forest Service has thinned throughout this area for forest health and fire protection.
- 2) At the top, you'll see the old Mammoth Burn (1987), which was replanted in 1988.
- 3) This run is popular with the High Sierra Striders.



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WGS84 118°58'00" W

